



BUENA VISTA LUXURY
GARDEN SPA RESORT JAIPUR



Rejuvenate } Reboot } Detox



Luxury Accommodation
French Art De Vivre



BUENA VISTA LUXURY
GARDEN SPA RESORT JAIPUR

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BUENA VISTA LUXURY
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SERENITY SPA

Enjoy Buena Vista way of life at The Serenity Spa

AVAIL ANY OF THE MASSAGE SERVICE AND ENJOY STEAM, SAUNA AND ALL WEATHER POOL WITH OUR COMPLIMENTS

Inspired by the rich traditions of Ayurveda therapies Buena Vista spa breaks away the limitations of how spa is viewed.

It reacts the sophistication of today's traveler. The six treatment room represents the vastness and depths of distinguished therapies that promise total purification, restoring natural energy and harmony between body and mind. Feel relaxed, refreshed and revitalized with these ultimate therapies.

Bask in the sophisticated serenity feel the magnetic energy of freed in an array of treatment and services designed to stimulate, engage and invigorate your senses.

Achieve and maintain self-wellness at Buena Vista resort where vast area has been dedicated to pursue a unique lifestyle experience.

Steam Room Sauna Hot Swimming Pool.

BUENA VISTA PHILOSOPHY

We strongly believe in the giving awareness of the healing touch; living environment creates a deference, cleansing, yoga, massage, peace and deep relaxation compromise essential elements in maintaining a healthy lifestyle and hence work in this Endeavour to bring in a healthy mind and body.

Buena Vista spa collection of therapeutic rituals stresses on the face that true beauty comes from within. It addresses beautifully the essential realization revealing the quest inherent inner peace. The resort's spa promises to restore your energy and return your healthy self-back completely through. the holistic spa environment and specialized rituals.

Indulge and soak yourself in superb invigorating treatment which range from Ayurveda massages to body scrubs from armistice bliss to Indian massages and the wraps made by professional specialists while making the use of natural elements.

Enjoy the signature therapies wooing guests with the quintessence of regal wellness and quietude.

The spa also encompasses a chill and relaxes at the heated covered swimming pool, or chooses your favorite treatment fin our six treatment rooms soaring inspiring scents, imaginative sounds, energizing lighting and detoxifying potions laced with local avers. Two duets treatment rooms with private Jacuzzis will ore you a romantic relax moment.

Try our sauna and steam experience, to cleanse and purify the body and soul. Refuel luxuriate in essential oils, Ayurveda treatments, massage gels, body scrubs and wraps designed especially for our hammam.

SERENITY SPA SIGNATURE MASSAGE

Feel relax and enjoy special massages with Kerala touch at Buena Vista serenity spa

COUPLE ROMANCE REJUVENATION

***90 minutes (full body massage with 30 minutes In room Jacuzzi)** **-INR 16000/-**
Buena Vista serenity spa provides couple romance rejuvenation program in our special room just to enjoy and share dream relaxing time together.

DEEP TISSUE MASSAGE

***60 minutes** **-INR 5500/-**
***90 minutes** **-INR 6500/-**

Deep tissue is a full body massage therapy that focuses on deeper layers of muscles and connective tissue. Ayurveda / Aroma oil to be use especially helpful for chronically tense and contracted areas such as neck & lower back tightness.

AYURVEDA ABHYANGA

***45 minutes** **-INR 5500/-**
Abhyanga is an effective Ayurveda full body massage. In this treatment we use Ayurvedic oil which help to irresistible and beautiful skin. It is the effective way of slowing down your skins Aging process. It puries and nourishes the skin and helps to make it soft, give your skin shine and luster, it helps the nervous system which stimulates the lymph nodes and relieves stress and fatigue.

All rates are exclusive of applicable taxes

REJUVENATE

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AROMA MASSAGE

*** 60 minutes** **-INR 7000/-**
*** 90 minutes** **-INR 8000/-**

Aroma massage is a full body massage therapy. Aroma massage with essential oils (highly concentrated plant oils) added to the massage oil or lotion. Inhaling essential oils through the nose is thought to promote beneficial changes in the mind and body by effect of the limbic system (a region of the brain known to influence the nervous system).

SWEDISH MASSAGE

*** 60 minutes** **-INR 5500/-**
*** 90 minutes** **-INR 6500/-**

Swedish massage is a full body massage which acts on the body with pressure and techniques applied with fingers, elbow, palms and feet. In this massage we use aroma oil/massage cream. The purpose of massage is generally for the treatment of stress or pain

THAI YOGA MASSAGE

*** 60 minutes** **-INR 5500/-**
*** 90 minutes** **-INR 6500/-**

Thai yoga massage is a full body massage. It's ancient healing system combining acupressure. Indian Ayurveda principles and assisted yoga postures. It will help you increase your flexibility and rejuvenate your full body.

INDIAN HEAD MASSAGE

*** 30 minutes** **-INR 3000/-**
Indian head massage is an ancient therapeutic treatment with Ayurvedic oil/ without oil. It's incredibly relaxing massage. Indian head massage focuses on your head, neck and shoulders. It is a deep massage which uses a variety of pressure and techniques that tap into your seven "chakras" or paths of energy and encourage healing and balance in your Mind.

FOOT MASSAGE

*** 30 minutes** **-INR 3500/-**
Foot massage focuses on foot pressure points. Ayurveda oils are use in this process. Foot massage removes blockages to enable proper energy flow throughout the body. This can give you more energy and vitality to perform daily tasks.

SERENITY SPA INDULGENCE

Enjoy our special body Treatment at Serenity Spa

ABHISHEKA POOJA

*** 60 minutes** **-INR 7000/-**
*** 120 minutes** **-INR 10000/-**

Abhisheka Pooja provides a surreal experience that is inspired by the ceremonial cleansing rituals inherent of India's traditional fabric, it is a full body process. The purest natural ingredient used in this therapy is bound to leave you refreshed like the morning dew. It starts with a cleansing of the body using the water and "Panchamruta" (banana, yogurt, milk, honey, water, ghee and sugar) followed by a signature massage. The Ambience is designed to be deeply relaxing so that by end of it. You walk away with a lingering feeling of calm. (Full body massage, scrub, Panchamruta Lebam and full body Kshreerdhara).

AYURVEDA LEPNA

*** 60 minutes** **-INR 7200/-**
*** 120 minutes** **-INR 9000/-**

Lepna is a treatment method in traditional Ayurveda. Lepna is the external medicated pack on any part of the body where pain and beauty associated. Acne and pimple are cured by Ayurveda Lepna which happened because of dry skin. Once you wash your affected area you can apply this cream it removes scars and blemishes from your skin, stretch marks may happen when you undergo a pregnancy or lose weight suddenly causing saggy skin. Lepna helps you to glow your skin an ever tone and thus reducing these marks it helps take care of dark circles may happen due to dry skin.

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REBOOT

AVAIL ANY OF THE MASSAGE SERVICE AND ENJOY STEAM, SAUNA AND ALL WEATHER POOL WITH OUR COMPLIMENTS

CHANDNA

***120 minutes** **-INR 10000/-**
***180 minutes** **-INR 13000/-**

Buena Vista Serenity Spa is providing Chandna beauty full body wrap which is a traditional treatment. Pure Aloe-Vera and sand wood paste is made by a special method, Great care is taken by our skilled therapist to apply the cream smoothly over your full body and then it wrapped in special soft linen which help the skin soak in the nurturing wonders of these ingredients. You will immediately feel your skin come healthy glow. This treatment will help you to remove blemishes. This chandan has a softening effect on your skin, acne cure, blackheads removal, fairer complexion and treat psoriasis.

SHIRODHARA

***60 minutes** **-INR 7200/-**
***90 minutes** **-INR 9600/-**

Shirodhara is an amazing unique body therapy from the ancient natural medical system in Ayurveda. It's focus on your forehead. Shirodhara has a profound impact on the nervous system. That means, "The treatment directly and immediately calms, relaxes and has a cleansing effect on the mind and nerves".

Shirodhara can help relieve symptoms of anxiety, stress, fatigue and hypertension. It relieves tension, worry, fear and headache as well as depression. It regulates mood and gives feelings of pleasure and relaxation.

Make your SPA experience memorable and enjoy the sparkling moment with cut fruits and nuts.

CHAMPAGNE & SPARKLING WINE BOTTLE

G.H. Mumm **-INR 19000/-**
Chandon Brut, India **-INR 7900/-**
Fratelli Grailn Cuvee **-INR 6900/-**
Martini Prosecco Italy **-INR 8000/-**



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DETOX